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MONTHLY MEETING MINUTES

February 14, 2019-- 1:30 PM

Public Health Building – First Floor Conference Room

Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;

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I. Roll Call, Welcome, and Introductions

Board Members

	Sara Bennett	Х	Darrell Keim (by phone)	X	Lisa Martin	X	Jenny Teigen
X	Lisa Bomley	X	Diane Kovach	X	Mike Ponozzo	X	Glenda Thomson
X	Megan Comstock		Shari Kuther	X	Jim Rehder (by phone)		
Х	Kathy Connerley	X	Kathie LaFortune	X	John Rusche		Joyce Broadsword
	Jason Davis	X	Tom Lamar		Teresa Shackelford		Chris Goetz
X	Beverly Fowler	Х	Deborah Lind (by phone)	X	Jennifer Shuffield		Todd Hurt
X	Sharlene Johnson	X	Tammy Lish-Watson	X	Skye Taylor		Tom Stroschein

Others In Attendance: Peter Peterson (DHW), Dean Allen, Nina Ferrell (Salt Lake Behavioral Health), Cindy O'Brien (A to Z Counseling), Joyce Lyons (PH-INCD), Alayna Gettman (Optum), Perri Larson (PH-INCD), and Carol Moehrle (PH-INCD). **By Phone:** Zlata Myr (Juvenile Corrections).

II. Approval of January BHB Minutes:

Motion to Approve: John Rusche; 2nd: Kathy Connerley; **Motion carried**.

- III. **Financial report (Carol/Perri):** Carol Moehrle presented the financial report. Motion to approve: Lisa Bomley; 2nd: Bev Fowler. **Motion carried.**
- IV. Weighted Blanket funding request (Pete Peterson): Pete Peterson presented the request for \$400 to purchase materials for making weighted blankets and vests. Pete discussed benefits of the weighted blankets and vests. There was discussion on keeping the blankets and vests for Region 2 children. At this time there is no money available in the budget to fund this request. Nina Ferrell offered a \$400 donation from Salt Lake Behavioral Health to cover the cost. Motion to approve the \$400 request to purchase materials for weighted blankets and vest with donated funds from Salt Lake Behavioral Health: John Rusche; 2nd: Jenny Teigen. Motion carried. Discussion held, and determined that the donation will go directly to Pete for his purchase of materials.

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V. Salt Lake BH inpatient Adolescent unit presentation (Nina Ferrell): Nina Ferrell gave a PowerPoint presentation on Salt Lake Behavioral Health's Adolescent Acute Psychiatric Treatment Program. The program serves ages 12 through 17. Short-Term Acute crisis stabilization is for 7 to 10 days. They are able to take referrals and admissions 24/7. Everything can be done over the phone. Tele-therapy and tele-meetings can be done for families that are not able to travel to Salt Lake. They have a contract with Idaho Medicaid and also accept other insurances.

VI. Regional Adolescent inpatient facility report (Jennifer S):

Jennifer Shuffield gave an overview of what facilities are available in the state for adolescent inpatient treatment. Jennifer will send the information on the facilities in an email to Jim to distribute to the board.

VII. Peer Support Conference (Jenny):

Jenny Teigen discussed the Peer Support connection conference in Post Falls April 5th and 6th. The flyer was sent in an email today from Jim Rehder to the board members. This conference has a peer driven curriculum.

VIII. Rural Crisis Response update (Tom/Carol/Joyce):

Joyce Lyons gave an update on the Rural Crisis Response project. The project is getting close to having a contract with the Recovery Center in Lewiston. Joyce is working with providers to provide on an as needed basis for staffing. She is working on locating a location in Moscow and on marketing.

IX. Prevention Grant update (Sharlene/Carol):

Sharlene Johnson gave an update on the Prevention Grant progress. April 30 is the site visit with Stephanie from Office of Drug Policy here at Public Health. Billboards are going up and print ads are also running. Strengthening Families Facilitators training is April 22 and 23. There are currently 11 individuals registered. The Prevention committee is planning on meeting on the 2nd Wednesday of every month.

X. **Legislative update (Tom/Carol):** Tom Lamar provided legislative updates on:

- Full funding and implementation of Medicaid Expansion. Getting it fully funded without restrictions. Discussion on legal requirement of deadline for implementing by State Legislature.
- 2. Supporting S 1054 appointing authority change to the Behavioral Health Board Statue.

Tom discussed the national opioid lawsuit that Latah County has signed on with. Discussion on Millennium fund recommended for approval by JFAC on funding for recovery centers.

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Jim Rehder discussed the mental health First responders bill. Jennifer Shuffield and Jenny Teigen voiced concerned about a PTSD diagnosis causing issues for future employment.

XI. Recovery Community Center Latah/Nez Perce Counties (Board):

Tammy Lish-Watson reported on the move of First Step 4 Life to 1002 Idaho Street in Lewiston. She discussed the struggle for funding to keep doors open.

Darrell Keim reported Latah Recovery Center is having funding issues. March 6 they are having a fund-raising breakfast.

XII. Statewide conference call report (Lisa):

Lisa Martin discussed the statewide conference call. Items discussed were:

- 1. The county commissioners want the ability to have a designee on the Regional Behavioral Health Board instead of an actual commissioner.
- 2. There was discussion on inviting legislatures to our meetings, which is something we already do in December of each year.
- 3. There was discussion on appointing a specific board member to be in-touch with Legislatures.
- 4. A diversions pilot program for individuals with opioid disorder instead of criminal charges would offer them treatment. They would be monitored for a year and would not face criminal charges if successful with program.

XIII. BHB Sub-Committee Reports:

<u>Children's Mental Health</u> – Skye Taylor discussed Juvenile substance use disorder funding for the District. She reported Teri Rainey is leaving the committee and Cindy Harris is joining. The committee is meeting after this meeting.

<u>Adult Behavioral Health</u> – Jenny Teigen the committee will meet before the meeting next month.

<u>Housing</u> – Lisa Martin reported the committee is creating a list of housing and food resources for the counties. Send any county information to Lisa. John Rusche requested the committee provide data on the need of housing in the region.

<u>Tele-Health</u> – Dean Allen reported the committee is meeting next month. John Rusche requested to be added to the tele-health committee.

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- XIV. John Rusche reported the Lewis-Clark Valley Foundation is doing a strategic plan for the foundation funding this year. He encouraged the Recovery Centers to look at writing a grant request. Lisa Martin introduced the new board member, Megan Comstock.
- XV. Next BHB Meeting: March 14, 2019
- XVI. Meeting adjourned at 3:10 pm.